34th Gary P. Lister Bottle & Cork Ten Miler
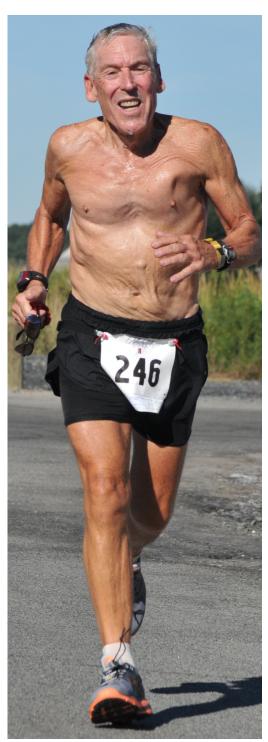# September 11, 2010
New Course Record for 70+ Age Group

Results

Place	Name	Bib No	City		Age	Gend	Age Group	Time
...								
133	Paul Schweizer	529	Newark	DE	54	M	18 50-54	1:21:41.1
134	*William McArthur*	*246*	*Villas*	*NJ*	*70*	*M*	*1 70-99*	*1:21:32.2*
135	Brent Inscoe	173	Washington	DC	36	M	15 35-39	1:21:56.9
...								
455	Leigh Allen	5	Bethesda	MD	66	F	3 65-69	2:41:00.7

GPS

Name	Total Distance	Total Time	Avg Pace
9/11/2010 8:06:55 AM	10.10 mi	1:21:31.86	8:04 /mi
Lap 1 - 8:06:55 AM	1.00 mi	8:13.27	8:13 /mi
Lap 2 - 8:15:09 AM	1.00 mi	8:07.02	8:07 /mi
Lap 3 - 8:23:16 AM	1.00 mi	8:09.06	8:09 /mi
Lap 4 - 8:31:25 AM	1.00 mi	8:02.02	8:02 /mi
Lap 5 - 8:39:27 AM	1.00 mi	8:05.89	8:05 /mi
Lap 6 - 8:47:33 AM	1.00 mi	8:02.90	8:02 /mi
Lap 7 - 8:55:36 AM	1.00 mi	7:54.53	7:54 /mi
Lap 8 - 9:03:31 AM	1.00 mi	8:06.80	8:06 /mi
Lap 9 - 9:11:37 AM	1.00 mi	8:08.12	8:08 /mi
Lap 10 - 9:19:45 AM	1.00 mi	8:01.03	8:01 /mi
Lap 11 - 9:27:46 AM	518.48 ft	0:41.22	6:59 /mi

Record

Gary P. Lister Bottle & Cork Ten Miler					
age group	name	time	city	state	year
9 under	Xavier Catillo	1:26:35	Falls Church	VA	2007
10-13	Kaleb Lamaire	81:34	Rehoboth	DE	2005
14-18	Brian Sklodowski	58:14	Newark	DE	2006
19-24	Matt O'Brian	55:40	Bear	DE	2007
25-29	Joseph Norton	56:47 (ct)	Collingswood	NJ	2010
30-34	Mike Carriglitto	55:08	Laureldale	PA	2005
35-39	Mike Monagle	54:35	Wilmington	DE	2004
40-44	Stephen Koch	58:08	Shillington	PA	2004
45-49	John Tuttle	56:06	Villa Rica	GA	2005
50-54	Randy Stroble	62:59	Trout Run	PA	2003
55-59	Randy Stroble Dan Neitz	66:25	Trout Run Royersford	PA	2009 2010
60-64	Ivan Avendano	70:04	Boothwyn	PA	2009
65-69	Bernie Gallagher	73:30 (ct)	Fairfax	VA	2010
70 over	*William McArthur*	*81:33 (ct)*	*Lewes*	*DE*	*2010*